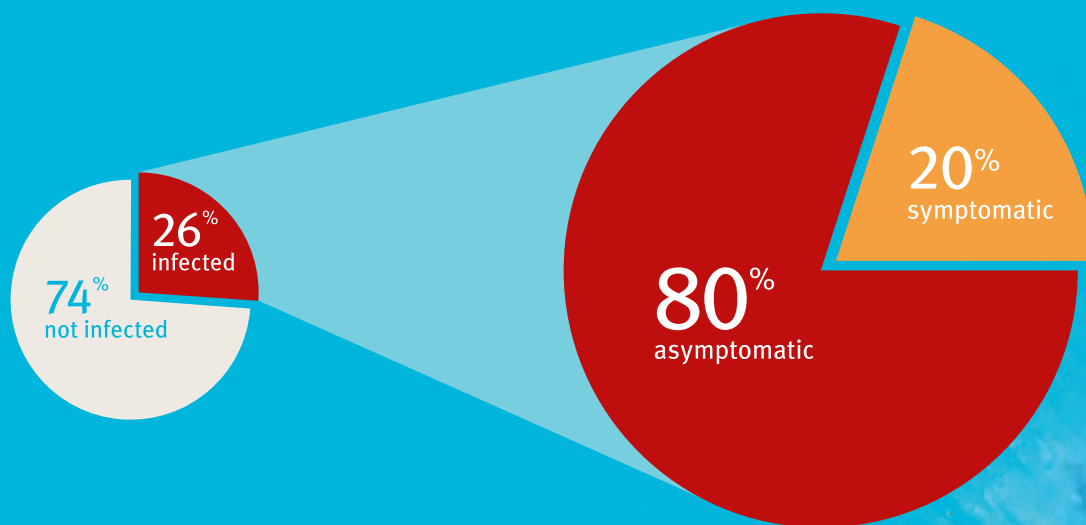


# Four out of five people infected show no symptoms of influenza

The Southern Hemisphere Influenza and Vaccine Effectiveness Research and Surveillance (SHIVERS) Serosurvey, in 2015, provided information about the immunity that people in the community have against influenza.

When the results were applied to the New Zealand population in 2015, around 1.1 million people (26%) would have been infected with influenza. Around 880,000 (80%) of these people were asymptomatic carriers who could have spread the virus among their family, co-workers, classmates and patients without ever realising it. <sup>1</sup>



## And once spread, influenza has a serious effect on our community

Other SHIVERS data showed that when applied to the New Zealand population:

- 31,850 sought help from their GP
- 2,209 were hospitalised

## Help prevent the potentially devastating effects of influenza in your community

### Recommend annual influenza vaccination

### Please make sure you get vaccinated every year

#### The SHIVERS Serosurvey

The purpose of this study was to contribute to knowledge about influenza infection in the community and identify if participants:

- developed immunity to influenza by the end of the winter and
- had influenza during the winter