

Influenza.
Don't get it.
Don't give it.



Avoid FLU during pregnancy

- Influenza can be highly dangerous for mothers and their unborn babies
- Immunisation could save your baby's life
- The influenza vaccine has been used for many years in pregnant women with no safety concerns

**Get immunised.
It's FREE for you.**

Ask your doctor, nurse or pharmacist for more information on how influenza immunisation can help protect you and your baby.

FOR MORE INFORMATION:
FIGHTFLU.CO.NZ
0800 466 863

 The Immunisation
Advisory Centre

 **MINISTRY OF
HEALTH**
MANATU HAUORA

The influenza vaccine is a prescription medicine. Talk to your doctor, nurse or pharmacist about the benefits and possible risks or call 0800 IMMUNE. TAPS NA9774 IMAC1901E