

AFTER YOUR INFLUENZA IMMUNISATION

You should remain under observation for 20 minutes after your immunisation.

Most people tolerate the inFLUenza vaccine very well. After-effects that people do report are usually mild and only last for one or two days. Sometimes adults, but more usually children, might feel some of the following after-effects:

- Soreness or redness at the site of the injection.
- Feeling unwell or tired.
- Having a mild fever or aching muscles.

These effects are caused by your body's normal response to immunisation. If these symptoms continue you should talk to your doctor or nurse.

It's also important to let your doctor or nurse know if your child has any reaction to the immunisation.

It takes up to two weeks for the immunisation to take full effect. So, if you're exposed to the inFLUenza virus before, or soon after, your inFLUenza shot, you might still catch inFLUenza.

Remember, the inFLUenza vaccine protects you against a serious viral illness. It doesn't protect you against the common cold.

FOR MORE INFORMATION:

0800 IMMUNE
0800 466 863
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